

Elective Proposal: Addiction Psychiatry

Resident:

Dates:

Location: Univ of Illinois at Chicago

Faculty Supervisor(s): Rodney Eiger, MD and Christopher Holden, MD

Goals and Objectives:

To gain experience in detoxifying, rehabilitating, and managing patients with various substance related disorders. This is to include working with substance abusers in diverse psychotherapeutic settings such as the Veterans Affairs residential inpatient unit along with co-facilitating recovery groups, and working with general addiction inpatients/outpatients.

Knowledge:

To further enhance my knowledge in the following:

- o Knowledge of the signs/symptoms of the use and misuse of various substances of abuse as well as recognizing withdrawal, types of treatments required for each, and understanding where there are differences in treatment approach.
- o knowledge of the signs and symptoms of overdose, the medical and psychiatric sequelae of overdose, and experience in providing proper treatment of overdose.
- o Knowledge of the signs and symptoms of the social and psychological problems as well as the medical and psychiatric disorders that often accompany the chronic use/misuse of substances of abuse.
- o Knowledge of significant other systems and dynamics relevant to the etiology, diagnosis, and treatment of substance-related disorders.
- o Knowledge of the neurochemical and structural bases, genetic vulnerabilities, risk and protective factors, epidemiology, and prevention of substance-related disorders.
- o Understanding of the current economic aspects when providing health care services to patients with substance related disorders.
- " Knowledge of quality assurance issues pertaining to the treatment of substance users.
- " Knowledge of the cost effectiveness of various treatment modalities for substance users.

Skills:

- o Management of intoxication, detoxification, and other acute treatments of the user and misuse of the major categories of substances of abuse.
- ., Experience in the use of psychoactive medications in the treatment of psychiatric disorders often accompanying the major categories of substance related disorders.
- a Experience in the use of techniques required for confrontation of and intervention with a patient with a substance related disorder.
- o Experience in the use of the various psychotherapeutic modalities involved in the ongoing management of the patient with substance disorders, including individual psychotherapies, couples therapy, family therapy, and group therapy.

Attitudes:

- o Acquire professional and ethical attitudes towards individuals with substance related disorders and to recognize beliefs or counter-transference that may impede the ability to identify and manage patients with substance related disorders.
- o Acquire mature and compassionate attitudes and empathic and objective clinical judgment towards patients with substance related disorders

- o Recognize that patients with substance disorders are diverse and that stereotypes interfere with recognition.
- " Consider substance related disorders in the same context as other psychiatric disorders, specifically that they are independent also interact with other disorders.

Proposed schedule:

Mondays AM= See patients with Dr.Holden on the Substance Abuse Residential Rehabilitation Treatment Program unit (SARRTP) at Jesse Brown VA medical center (JBVA).

Mondays PM:c: See general addiction outpatients and/or consults with Dr.Eiger et al. at JBVA

Tuesdays AM= See patients with Dr.Holden on SARRTP at JBVA

Tuesdays PM=See general addiction outpatients with Dr.Eiger at JBVA

Wednesdays AM=See general addiction outpatients with Dr.Eiger at JBVA: co-facilitate an ongoing addiction outpatient group at JBVA with Dr.Eiger et al.; do an admission to SARRTP with Dr.Eiger

Wednesdays PM=Grand Rounds at UIC; See general addiction outpatients with Dr.Eiger at JBVA

Thursdays AM=Morning "report" in the urgent care clinic at JBVA; co-facilitation of a twice monthly early recovery group with Dr.Eiger and/or general addiction outpatients with Dr.Eiger at JBVA

Thursdays PM=See residential patients with Dr.Holden on SARRTP at JBVA

Fridays AM=See patients with Dr.Johnson and/or Dr.Harris in the opiate replacement program at JBVA

Fridays PM=See general addiction outpatients with Dr.Eiger at JBVA.

Reading List:

To be determined.

Learning Activities:

- o Daily supervision from faculty covering specific clinical problems and cases.
- ., The opportunity to attend grand rounds, case conferences, and didactic events

Assessment Method:

- e Evaluating patients independently and with staff and faculty using the standard of care practice. Interviews will be conducted in an inpatient and outpatient setting.
- e Will be able to administer the correct tests/screens to patients for entrance into certain rehabilitation programs.
- " Will use a variety of techniques such as psychoeducation, psychotherapies, and medication therapies to assess and treat patients dealing with substance abuse.

ECU Psychiatry will provide UIC staff/faculty with evaluations to assess my performance.