

Elective Proposal: Inpatient Adult Psychiatry at Vidant Health- Beaufort

Resident:

Dates:

Location: Vidant Health- Beaufort Inpatient Behavioral Health Unit

Faculty Supervisor(s): Dr. Paul Garcia

Goals and Objectives:

Knowledge

- Show an adequate level of knowledge in treating the needs of inpatient adult psychiatric patients including medical and social needs.
- Show understanding of evidence based treatments and current treatment practices

Skills:

- Perform an accurate and comprehensive psychiatric evaluation, differential diagnosis, formulation, and assessment, utilizing DSM-IV diagnostic criteria in inpatient treatment.
- Formulation of a treatment plan utilizing a multi-modal approach, which includes pharmacological, psychological, and social interventions, to provide comprehensive care for patients
- Work with staff and understand their duties and jobs.

Proposed schedule:

- Mondays, Tuesdays, and Fridays - 8 am to 5 pm.
- Wednesday 8 am to 12 pm- PGY4 Continuity Clinic
- Thursdays: 9:30-10:30 outpatient case conference; 11am-12pm grand rounds/board review; 12pm-1pm resident meeting/lunch; 1pm-5pm didactics

Reading List:

- Kaplan and Saddock's comprehensive of Psychiatry
- Manuel of Clinical Psychopharmacology
- The American Psychiatric Publishing Textbook of Psychiatry

Learning Activities:

- Clinical responsibilities, including an initial interview and assessment of patients, the formulation of treatment plans, and documentation, including completion of H&Ps and daily progress notes.
- Supervised patient care.
- Presentation to and discussion of patient assessment and treatment with supervisors.

Assessment Method:

- Evaluation by Dr. Paul Garcia upon completion of the rotation