

### **Elective Proposal**

**Elective Title:** Psychology Evaluation and Consultation- Weight Loss Surgery (WLS), Chronic Pain, Spinal Cord Stimulator (SCS) Implantation, Hepatitis C and Organ Transplantation Evaluations.

**Resident:**

**Dates:**

**Location:** ECU Psychiatry Outpatient Clinic

**Faculty Supervisor(s):**

### **Goals and Objectives:**

#### **Knowledge**

- Demonstrate understanding of psychological interventions for chronic illnesses such as chronic pain, as well as behavior modification for smoking cessation and weight loss management.
- Show an adequate level of knowledge in treating the needs of outpatient adult patients with medical and social needs.
- Show understanding of evidence based treatments and current treatment practices involving the evaluation and continuing treatment of patients with special medical concerns.

#### **Skills:**

- Formulation of a treatment plan utilizing a multi-modal approach, which includes pharmacological, psychological, and social interventions, to provide comprehensive care for patients
- Work with the Psychology staff to gain a better understanding of their duties and jobs.

#### **Proposed schedule:**

- Mondays, Tuesdays, and Fridays - 8 am to 5 pm \_\_\_\_\_
- Wednesday 12pm to 5 pm \_\_\_\_\_
- Wednesday 8am-12pm PGY4 Continuity Clinic
- Thursdays: Didactics

#### **Reading List:**

- Textbook of Psychotherapeutic Treatment. Glen O. Gabbard, M.D.
- The American Psychiatric Publishing Textbook of Psychiatry
- DSM-IV-TR Diagnostic and Statistical Manual of Mental Disorders.

#### **Learning Activities:**

- Clinical responsibilities include an initial interview and assessment of patients, the formulation of treatment plans, and documentation, including completion of H&Ps and progress notes.
- Supervised patient care.
- Presentation and discussion of patient assessment and treatment with supervisors.
- Participate during psychological consultation for Spinal Cord Stimulation (SCS) Implantation.

#### **Assessment Method:**

- Evaluation by \_\_\_\_\_ upon completion of the rotation